SURGERY PAPYRU

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The Quarterly News Letter Association of Surgeons of Assam

Spring comes: the flowers learn their coloured shapes. – M Konopnicka

CHAIRMAN'S COLUMN:

VISION -2015

Dear esteemed members of ASA,

Warm & colourful greetings of Spring as well as Rongali Bihu to you.

I record my sincere gratitude for electing me Chairman of our prestigious Association.

It gives me immense pleasure and delight when I realize how much trust you all have reposed upon me while electing me Chairman to lead this august professional body for one year. I am both happy as well as sad at the same moment, happy because I have been honored to be on the fore front to lead and sad at the thought whether I have that ability, expertise and foresight to lead and meet your expectation!

Nevertheless, I shall try my best, with your guidance and co operation to achieve the goal set for the year during my tenure and turn into one of the best and vibrant chapters of ASI.

The First Executive Committee in its first sitting on 10.1.15 immediately after taking charge by the new team, discussed about **ASI N E Zonal CME, the first of its kind proposed by the new ASI President Dr Santosh J. Abraham, which was to be held on 7th & 8th March at Guwahati.** Accordingly the new team opened its innings for the year with this big event and I take this opportunity to thank all our esteemed members for their whole hearted cooperation and participation which made this event a grand success.

Other plans disclosed in the meetings include

- a) Mid Term CME at Jorhat in May; In view of Undivided Sivasagar Dist. offering to host ASACON-15 at Jorhat later on, Mid term CME venue shifted to Hojai on invitation by Dr C.Islam, the local convener.
- b) Tentative venue for ASACON -15 at Tezpur. But later on as Tezpur branch expressed its inability, Undivided Sivasagar Dist. Branch offered to host at Jorhat and it was finalized.

Prof. Satya Brata Dutta Choudhury: A Tribute

An eminent surgeon and a teacher par excellence, Prof. Staya Brata Dutta Choudhury, was born on 5th November, 1933 at Sylhet district of erstwhile East Pakistan. He had his early schooling at his native village but after his family migrated to Nagaon, Assam he resumed schooling there. He passed MBBS examination securing 10th position from Assam Medical College. He then went abroad and subsequently had his DRCOG degree from London and Fellow of Royal College of Surgeon from Edinburg, U.K.

Returning to India, he joined as Registrar of Surgery in Assam Medical College in 1961 and became Asstt. Professor the very next year. He was then transferred and became Professor of Surgery in 1976

and later on Head of Department of Surgery of Silchar Medical College. He became Vice Principal in 1990, Principal I/C the very next year and finally retired, after a very successful career in 1991. He was selected as Eminent Surgeon vide book references Asia.

A senior member of Association of Surgeons of India & ASA as well, Prof. Dutta Choudhury served Assam State Chapter of ASI as Chairman in 2004 and presided over the Annual Conference at Jorhat.

Even after retirement, he was in active practice and on 24th of February, he felt uneasy while attending a patient and breathed his last afterward. He lost his wife before and left behind one daughter and three sons, all being established now. His sudden demise left a void in surgical arena which will take a long time to fill. by : Dr. R N Mazumder

Dear Teachers, Colleagues & members of ASA family, Season's greetings to you.

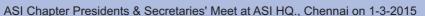
I shall always consider myself fortunate to have led our state association as president and that too in the Silver jubilee year 2014. Being associated with ASA ever since its inception as a founder member, I have always tried my best to bring our state chapter to the forefront at the national level. I was fortunate enough in my initial years to get guidance from our seniors and the past presidents, late Prof. G.P. Sharma, Prof. G.C.

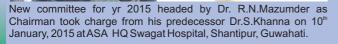
Jain,, Prof. S. C. Dutta and Prof. K. C. Das.

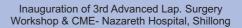
During my tenure there were many new additions to our association, including this Newsletter, a new look association website, a whatsapp group of Assam surgeons and a Rural Fellowship scheme. With lots of effort and perseverance we could also come up with a member's directory containing contact details and information of all ASA members. It was my good fortune to have a vibrant team who could make the "Silver Jubilee ASACON 2014" happen and we could show our united efforts to the surgeons of the country.

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03 2015











LOOKING BACK:



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Vision 2015

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- c) Branch CMEs at Dibrugarh, Nagaon, Bongaigaon, Tezpur & Silchar;
- d) Publication of four issues of News Letter-, the Spring (Jan. to March), Summer (April to June), Autumn (July to September) & Winter issue (Oct. to December) with the aim of reaching the members and make them aware of year long happenings of ASA through it;
- e) Public awareness programmes on selected diseases by community run, walkathon, press meet on special occasions as Doctors` Day, World Health day, during Mid term CME & ASACON-15.
- f) First Aid/ BLS demonstration/ hands on training to medical & nonmedical group of persons/ students;
- g) Opening new branch or Exploring possibilities of opening.

I agree with my predecessor Dr S. Khanna, that we still have many pending issues to be resolved. Few of these are (i) **finding a place for permanent office of ASA**, (ii) **inclusion of CME Lectures & orations by ASA members at National level**, (iii) **making website more user friendly**, (iv)Google group of ASA members, (v) **whatsapp group** for group e mailing and better communication between the ASA Central committee & members, (vi) planning academic and social events.

I also take this opportunity to make an earnest appeal to our office bearers and members of all the branches to make a sincere endeavor ${\bf to}$

- a) hold at least one clinical meeting per month with agenda having academic discussion, organizational matters, felicitation of new members & other members on their any academic achievement etc.
- b) hold election or re-lection of office bearers in the month of November and inform Central Committee of ASA;
- c) Charge take over by new committee to be completed by first fortnight of January with intimation to ASA Central Committee which in turn will intimate ASI HQ in time as our term is from January to December every year;
- d) send monthly report of branch activities to ASA regularly (online, even it is one paragraph) to claim BEST BRANCH AWARD being introduced from this year keeping in line with ASI. Other criteria for the award being regularity of branch meeting, no. of meeting held, members` attendance in meeting, membership development/ growth, any publication from the branch, submission of a copy of account of previous year (<u>a directive from ASI HQ</u>) etc.

e) make habit of visiting our website regularly.

Barring sl. Nos. a & e, sl. Nos. b ,c ,d were decided in the last Executive meeting held on 7th March at Hotel Brahmaputra Ashok, Guwahati.

I assure you of putting my best effort for the cause of our dear organization to take it to newer height. With warm personal regards & soliciting your cooperation,



(Rabindra Nath Mazumder)

Chairman, Association of Surgeons of Assam

Contd. from Page 2LOOKING BACK

During my tenure as G.C member for 6 years and as a member of ASI for over decades, I have come across many ASI presidents, but the one person who I felt has made the difference and has been instrumental in changing the image of ASI is Dr. Santhosh John Abraham, our present President of ASI. I consider myself lucky to have been asked to organize and conceptualize the first all India ASI CME and the talent hunt programme of the North east zone. I am sure all zonal members of ASI will agree with me that this was among the best CMEs that they would have attended.

I also tried my best to bring revolutionary changes in our approach towards the academic programmes in the way of arranging master classes, CME s and Live Workshops that have

attracted many young surgeons to join the association.

Friends, I am sure the new President Dr. Mazumder and the newly elected Executive committee of ASA shall bring in many more revolutionary ideas to keep the association vibrant.

I assure the members of my whole hearted support for the cause of association for the years to come.

I conclude here with a quote from Leo Rosten that has always guided me:

"The purpose of life is not to be happy but to matter, to be productive, to be useful, and to have it make some difference that you have lived at all".

Long Live Association of Surgeons of Assam!

Long Live Association of Surgeons of India!

Professor Subhash Khanna

President, Association of Surgeons of Assam (2014)

ASI NE ZONAL CME 2015. GUWAHATI

The Assam state Chapter of The Association of Surgeons of India has been entrusted by Dr.Santhosh John Abraham, President of ASI to hold one of the six Zonal CMEs of the year 2015. Along with the CME programme a talent hunt competition (ASI TYSA) was also proposed to select the best young surgical talent among the PG students of surgery from the region to compete in national level. Keeping the young surgeons in mind the CME was organized with the theme "Gold standard and emerging surgical procedure" on 7th & 8th March'15. An organizing committee headed by Dr.Subhash Khanna as Chairman and Dr.Kanakeswar Bhuyan as organizing secretary was constituted for the purpose.

The two days programme consisted of PG master Class, CME lectures by eminent teachers of medical Institutions from all over the country and NE region in particular. Dr.Santhosh John Abraham, Dr.Arvind Kumar conducted PG master classes in 10 clinical presentations. Faculty members from all the medical colleges of NE regions participated in master classes and various scientific deliberations conducted from 8-30AM to 5-30PM on both the days. As many as 29 CME lectures were delivered by faculty members which included guest speakers from radiology and minimal access surgery. One hundred and eighty registered delegates attended the programme. All the delegates and faculty were awarded with CME credit hours as per MCI guideline.

A competition paper and e poster presentation session was conducted amongst the students. As many as 12 E posters and 10 free papers were presented. The best e poster was presented by Dr.Sandeep Ghose from NEIGRIMS, Shillong and the best free paper was presented by Dr.Babitha N from RIMS, Imphal. They were awarded with cash and certificates.

In the talent hunt competition, Dr.Abhishek Patil from Silchar Medical College, Assam has been qualified to participate in the national level representing North eastern zone.

Dr.R N Mazumder, Chairman, Assam state Chapter of ASI presided over the valedictory function at the end of the scientific sessions.

Compiled by Dr K.Bhuyan Organizing Secretary, ASI NE Zonal CME



Inaugural address by President ASI, Dr. S.J. Abraham



Dr. M.K.Choudhury, President AMASI (East Zone) & senior member ASA making a CME presentation

3rd Advanced Lap. Surgery Workshop cum CME on 28th & 29th March 2015

Meghalaya surgical society in association with Assam State Chapter of the Association of Surgeons of India and Association of Minimal Access Surgeons of India organized 3rd Advanced Lap Surgery Workshop cum CME on 28th & 29th Mar'15 at Nazareth Hospital, Shillong.

Dr. P Senthilnathan, Hony. Secretary AMASI, Dr.S. Jugindra, Treasurer AMASI, Dr. M K Choudhury, Vice President, AMASI (East Zone), Dr. A K Nath consultant urologist attended the workshop as source persons and demonstrated Lap C B D exploration, Lap Hernia (TAPP & TEP), Lap Nephrectomy, Lap Ureterolithotomy, Lap Cystogastrotomy, Lap repair of Hiatus Hernia, and Lap Gastrojejunostomy.

The CME programme on 29thMar'15 was inaugurated by the Administrator of Nazareth hospital along with Chairman of Assam State chapter of the Association of Surgeons of India and all the resource persons of the event. The CME programme constituted with 10 lectures on various topics on laparoscopic Surgery and participants from Assam State Chapter of ASI were Dr. K.Bhuyan, Dr. N.Topno, Dr. D.K.Sarma, Dr P.P.Das & Dr. M.K.Choudhury. Members from our chapter Dr. R.N. Mazumder, Dr.S.K.Nath, Dr.H.K.Nath, Dr.S.Nath, Dr.S.A.Majid & Dr.R.C.Brahma also chaired few sessions.

The event was well attended by surgeon members of Meghalaya, Assam along with PG students of Surgery from both the states and fruitful interaction following every topic.

Dr.G.Rangad, Organizing Chairman & Dr. Jayanta Das, Organizing Secretary with their team put their best effort to make the event a grand success.

Compiled by Dr K.Bhuyan

ACKNOWLEDGEMENT: United Biotech (P) Limited for sponsoring this issue

ACHIEVEMENTS & ACCOLADES:

- Dr.Nareswar Sarma presented his paper entitled "Epidemiology of Paediatric Burns in a Burn Unit of North-East India" in 17th Congress of the International Society for Burn Injuries held from 12th to 16th October 2014 in Hilton Sydney Hotel, Sydney, Australia.
- **Dr. M.K. Choudhury** delivered a talk on "Laparoscopic Hemicolectomy" in the AMASI session of ASICON 2014. Organized 3rd Advanced Lap. Surgery workshop cum CME in collaboration with ASA at Nazareth Hospital, Shillong on 28 & 29 March and besides participating in the live w/s as a faculty, he delivered talks on "Inguinal hernia repair-TAPP vs TEP " & "How to prevent CBD injuries".
- Dr. B.P.Sarma presented a study paper titled "Epidemiology, morbidity & mortality in burns: a 33 year study in a North East Indian State" Burns at 17th Congress of the International Society for Burn Injuries held from 12th to 16th October, 2014 in Sydney, Australia
- Dr. D.K.Sarma delivered a CME talk on "How to write a scientific paper" at the ASI NE Zonal CME held at Guwahati on 7 & 8 March & another talk on "Troubleshooting in Laparoscopic Surgery" at the 3rd Advanced Lap. Surgery Workshop cum CME besides chairing a session ...
- Dr.P.P.Das delivered a CME & another talk on "Sterilization of Laparoscopic Instruments" at 3rd Adv. Lap. Surgery Workshop cum CME besides chairing a session.
- Dr.K.Bhuyan delivered CME talk on "at ASI NE Zonal CME at Guwahati & another talk on "Inguinal hernia repair Lap vs Open" at 3rd Adv. Lap. Surgery w/s cum CME, held at Shillong.

Branch Activities :

Dibrugarh Branch:

12/12/2015: The CME was attended by sixty members of Dibrugarh Chapter of ASA from Dibrugarh and Tinsukia. Dr. A. Sandilya, MS, Mch (Urology), Consultant Urologist, Urovision Hospital, Dibrugarh presented a talk on "Current Trends in the Management of Urolithiasis", Dr. S. J. Nath, MS, Mch (Urology), Assistant Professor, Department of Urology, Assam Medical College, Dibrugarh spoke elaborately on "Benign Enlargement of Prostate". Besides these, four other paper presentations as below:

"Intra-testicular Rhabdomyosarcoma : A Case Report" by Dr. D. Nain, PGT, Dept of Surgery, AMCH, "Urachal Cyst : A Case Report by Dr. M. S. Sharma, PGT, Dept. of Surgery, AMCH. "Pheochromocytoma : A Case Report" by Dr. M. A. Rahman, PGT, Dept. of Surgery, AMCH & "Uncommon Foreign Body in Urinary Bladder : A Case Report" by Dr. J. Deori, Consultant Surgeon, Urovision Hospital, Dibrugarh.

Tezpur Branch:

- 15th February 2015 at IMA hall on the following topics :
- 1. An introduction to morbid obesity and bariatic surgery by Dr. M. K. Choudhury of GNRC Hospital, Guwahati

2. Current status of Laparoscopic repair of Inguinal Hernia by. Dr.S.A.Majid, Tezpur. The chairman of ASA, Dr. R. N. Mazumdar and Dr. L. Bhuyan chaired the session. Dr. R. N. Mazumdar and. Dr. M. K. Choudhury were felicitated by Dr. L. Bhuyan.

Bongaigaon Branch:	15/10/2014: Venue- Lower Assam Hospital Auditorium	
10/02/2014: Venue-Hotel Kanishka	Topic- Spine Surgery in Bongaigaon- The way forward.	
Topic- Chronic Pancreatitis an overview Speaker- Dr. Sujay Ghosh, MBBS,MS Consultant Surgeon,Railway Hospital Bongaigaon	Speaker- Dr. Jaydeep Ghosh. MS, DNB, FNB.	
	Sponsor- LowerAssam Hospital, Bongaigaon.	
Sponsor- Lupin Maxter	30/10/2014: Venue- Lower Assam Hospital Auditorium.	
20/09/2014 : Venue-Hotel Kanishka	Bongaigaon.	
Topic- Benign Thyroid swelling in clinical practice and Management	Topic- Breast Cancer Management	
Speaker- Dr.B.J.Barua. MBBS,MS	Speaker- Dr. Susanta Singha MBBS, DNB.	
Sponsor- Dr.Reddy's	Sponsor- Lower Assam Hospital, Bongaigaon	

Undivided Sivasagar District Branch:

23.01.2015 : A seminar was organized jointly with Doctors Club Jorhat on "Management of Haemorrhoids - Medical, Surgical and Controversies. Speaker was Dr. Kamal Chandra Dey.

04.02.2015: Our member Dr. S.J.Das attended and delivered a public awareness speech at Cancer Awareness programme organized by Concept Junior College, Titabor,

07.02.2015: Jointly with Doctors Club Jorhat, this chapter organized a seminar with following topics:

1. Surgical management of chronic pancreatitis. By Dr. Pranjal Deka, M.Ch. GI Surgery.

2. Medico legal Issues : an audio Visual presentation.

Nagaon Branch:

The Association of Surgeons of Assam, Nagaon Branch organized a CME on 25/10/2014 at Bidisha Hotel, Nagaon.

In the CME Scientific session moderated by Dr. K.N. Goswami and Dr. J.N. Gohain.

The presentation started with video presentation starting from simple laparoscopic cholesystectomy to advanced laparoscopic Nephrectomy by Dr. Foridul Hussain.

Dr. Hussain also presented advanced technique of TURP and shared some of his experience of successful TURP and complicated surgery.

Dr. M.A. Sarkar made presentation on pancreatitis highlighting different aspects of etiology, diagnosis, plan of treatment of pancreatitis.

The Guwahati City Branch of the Association of Surgeons of Assam(ASA) successfully organized the silver jubilee conference of ASA from 7th to 9th Nov'14. A surgical workshop, awareness campaign against breast carcinoma along with scientific sessions were the part of the event. This well attended conference was inaugurated by honourable health minister of Assam Dr.Nazrul Islam. Dr.G C Jain, an eminent teacher of Surgery, past president of ASA has been honoured with life time achievement award.

The North East Zonal CME programme of the Association of Surgeons of India(ASI) has been organized by its Assam state branch at Guwahati on 7th & 8th Mar'15 which Guwahati city Branch hosted successfully. Eminent teachers from all NE states along with post graduate and DNB students of Surgery attended the two day event. President of ASI Dr.Santosh John

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In the first executive body meeting held immediately after change of guards, we planned future activities of our chapter chalking out a tentative academic calendar for the coming year. I like to highlight the important activities of our Association during this short period ever since the term began.

The Guwahati city branch, along with Assam State Chapter had organised ASI North East Zonal CME on 7th & 8th March'15. Surgeons and post graduate students from all the north eastern states had attended the event. The two days programme consisted of PG master Class, CME lectures by eminent teachers of medical Institutions from all over the country and NE region in particular. Prof. Santosh John Abraham, President , ASI the architect of Zonal CME programme was present all along the programme

Our Tezpur city branch has organized a seminar on 15th. Feb 2015 and our Chairman Dr. R.N. Mazumder was present during the session to encourage activities of the branch. Different aspects of Bariatric surgery and latest development of laparoscopic Hernia repair were discussed by Dr. Manoj Choudhury and S A Majid respectively as faculty members in presence of a large gathering.

Dibrugarh Branch organised a one-day Live Laparoscopic Hernia Workshop on 04/04/2015 from 11 AM in Department of Surgery, Assam Medical College, Dibrugarh. This was followed by a CME programme at 7 PM in Hotel Garden Treat, Dibrugarh.

Our undivided Sibsagar District Branch organised two seminars at Jorhat - one on 23rd Jan, 2015 on "Management of Haemorrhoids" and the other on 7th Feb, 2015 on Surgical management of Chronic Pancreatitis. An audio visual presentation on Medico legal Issues was also a part of the seminar.

Most recently 3rd Advanced Laparoscopic Surgery Workshop cum CME was organized by Nazareth Hospital, Shillong, Meghalaya, in collaboration with Meghalaya Surgical Society, Association of Surgeons of Assam and Association of Minimal Access Surgeons of India (AMASI) on 28th and 29th. March 2015. We feel proud to be a part of this academic bonanza.

We lost our beloved past President of our chapter retired Professor Dr. S.B. Dutta Choudhury on 24th Feb., 2015 creating a vacuum in the entire north eastern part of India.

In the mean time, we have prepared an academic calendar for next part of our tenure, which includes different public awareness programme, surgical workshops, CME etc to enable us to reach the populace, besides holding annual conference at Jorhat on 31st Oct. and 1st Nov 2015, & midterm CME at Hojai on22nd & 23rd May 2015. As a part of membership development plan, we have already enrolled five ASI members from Jorhat and two ASA members from Guwahati.

We are regularly publishing a quarterly Journal named JASA of high Standard which is recently indexed in Copernicus and Indian Citation Index. The news letter "Surgery Papyrus" started last year will be continued as quarterly publication season wise.

Before I conclude, let me offer my sincere thanks to you all for electing me as Hon Secretary of the Association. We seek your co operation, guidance and suggestions to serve our dear Organisation better.

Thanking you all, Dr. Pulakananda Bharali Hon. Secretary

Ph: 9435050856

FORTHCOMING EVENTS:

ASA Mid Term CME: Venue – HAMM Hospital, Hojai. Dates- 22 & 23 May, 2015 ASACON 2015: Venue - Jorhat Medical College, Host : Undivided Sivasagar District Branch of ASA, Dates – 31

- 2 October & 1 November, 2015
- ASICON 2015: Venue : Gurgaon , Dates 17 to 20 December, 2015 : 3. Registration already started. Early bird incentive till 31 May. For registration visit www. asiindia.org

PLEASE NOTE:

- Branch activities (with images), any achievement or accolades earned by members to be mailed (by Secretaries) to Α. the Hon. Secretary with copy to the Chairman/President for publication in the News Letter.
- B. Any significant/ unusual case report, brief epidemiological study done by members preferably at peripheral hospital not meeting criteria for publication in JASA to be mailed to the Chairman for publication in the News Letter.
- C. Any change of postal address with contact no. & e mail ID to be mailed to Hon. Secretary
- D. Please send your views regarding this issue and your expectations from ASA to be published in the "Members write" column in future.
- E. Any suggestions/ideas to improve ASA activities in future.
- Chairman: rabin mazumder@yahoo.co.in; Hon. Secy. : pulakananda@yahoo.com; F. ASAHQ: asaassam@gmail.com

From Hon. Secretary's desk:

Respected esteemed members,

Rongali Bihu Greetings to you all. It gives me immense pleasure in presenting before you the brief report of our chapter till 15th April, 2015.

Our present executive committee elected during ASACON 2014, officially took over charge on January 10th, 2015. The committee is as follows:

Chairman/President- Dr. R.N.Mazumder, Immediate Past chairman - Dr. S.Khanna; Vice Chairman – Dr. D.K.Sarma & Dr D.N.Choudhury; Hon. Secretary- Dr P. Bharali; Treasurer-Dr. U.R.Das; Joint Secretaries- Dr. S.A.Majid, Dr. J.N.Buragohain & Dr. S.Phukan; Editor-

Dr.H.K.Dutta; G.C.Member- Dr.S.Bora; Ex Officio Member- Dr. R.C.Brahma; Members- Dr. K.Bhuyan, Dr. S.Phukan, Dr. R.K.Bhuyan, Dr R. Das, Dr. A. Gogoi, Dr. C.Borah, Dr. K.N.Goswami, Dr. Foridul Hussain, Dr. S.A.Majid, Dr. B.Kandali, Dr. M.N. Saikia, Dr. A.Tham & Dr.B.P.Ranjan; Special invitees - all past presidents.

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Glimpses of ASI NE Zonal CME

THEY HAVE JOINED US:

As ASI members



Jorhat FL 30529



Jorhat

FL 30530

Jorhat FL 30531



Dr. Sadagar Deuri Dr. Manab Gohain Dr. Nayan Jyoti Das Dr. Nilutpal Bora Jorhat FL 30532



Dr. Binuj Dutta Jorhat FL 30533

As ASA members



Guwahati ASI FL - 13483 ASA - 539

Dr. S. Agarwalla Dr. R.B. Moni Upadhyaya Guwahati ASA - 540



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